# **BIOMARKERS OF INFECTION AND INFLAMMATION IN CAMELS (Camelus dromedarius)**

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#### ABSTRACT

Inflammation and infection biomarkers or acute phase proteins (APPs) can be used in diagnosis, prognosis and in monitoring response to therapy, as well as in general health screening. It has also been suggested that APPs may be useful in the assessment of animal welfare. Acute phase reaction or response (APR) is a positive (increase) or negative (decrease) response of APPs to infection, inflammation, trauma or other causes and it might be a physiological protective mechanism during inflammatory events. The APPs have received attention as biomarkers for APR due to its low physiological levels, a fast incline, marked rise in concentration during APR that eases detection and a fast decline after cessation of a stimulus. In ruminants, the major APPs are haptoglobin (Hp) and serum amyloid A (SAA), and have been proposed as sensitive and rapid indicators of inflammatory disturbances. Hp is a major APP in numerous species of livestock and domesticated animals as well as in camels. Elevated Hp concentrations occur not only with inflammation, but also with some conditions not generally associated with inflammation or tissue damage. SAA is considered also as one of the major acute-phase reactants in vertebrates. Elevated serum SAA levels are found following inflammation and also under conditions unrelated to inflammator such as physical stress and parturition. In camels, it was found that chronic infections as well as non-inflammatory stressors following parasitic infections, at parturition, following stimulation by electroejaculation and following race stimulate APPs production. This review describes the commonly used biomarkers in camel medicine as indicators of infection and inflammation.

Key words: Acute phase proteins, biomarkers, camels, haptoglobin, serum amyloid A

Biomarkers of infection and inflammation or acute-phase proteins (APPs) are a class of proteins whose blood concentrations increase (positive APPs) or decrease (negative APPs) in response to infection, inflammation or trauma (Murata et al, 2004; Petersen et al, 2004; Ceron et al, 2005; Tharwat et al, 2014; Tharwat and Al-Sobayil, 2015; Tharwat and Al-Sobayil, 2015, 2018a,b). This response is called the acute-phase reaction or acute-phase response (APR). The APR is a rapid, nonspecific, systemic response occurring secondary to many types of tissue injury and might be a physiological protective mechanism during inflammatory events (Yazwinski et al, 2013). The origin of APR can be attributed to infection, inflammation, surgical trauma, or other causes (Petersen et al, 2004; Ceron et al, 2005), and the purpose of the response is to restore homeostasis and to remove its disturbance (Ebersole and Cappelli, 2000; Ceron et al, 2005). The APR is induced by the pro-inflammatory cytokines IL-1, TNF- $\alpha$  and especially IL-6 (Tizard, 2009). These cytokines activate receptors on various target cells and promote

hormonal and metabolic changes leading to local and systemic effects, including APP synthesis in the liver (Petersen *et al*, 2004; Tizard, 2009).

In response to injury, local inflammatory cells (neutrophil granulocytes and macrophages) secrete a number of cytokines into the bloodstream. The liver responds by producing a large number of APPs (Petersen *et al*, 2004). The negative APPs include albumin, the most abundant constitutive plasma protein, and transferrin. The positive APPs include Haptoglobin (Hp), C-reactive protein, serum amyloid A (SAA), ceruloplasmin, fibrinogen and alpha 1-acid glycoprotein (Eckersall and Bell, 2010).

In domestic animals, a critical mass of knowledge on the use of APPs as biomarkers of inflammatory conditions has accumulated over recent years, so there is now sufficient understanding of the pathophysiology of the response to support the use of these compounds as diagnostic tools in clinical settings (Eckersall and Bell, 2010; Tharwat *et al*, 2014; Tharwat and Al-Sobayil, 2015; Tharwat and Al-Sobayil, 2018a,b). In ruminants, the APPs have

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been proposed as sensitive and rapid indicators of inflammatory disturbances (Eckersall, 2000; Eckersall and Bell, 2010; Schneider *et al*, 2013).

In veterinary medicine, the APPs can be used in diagnosis, prognosis and in monitoring response to therapy, as well as in general health screening (Eckersall and Bell, 2010). In ruminants, the major APPs are Hp and SAA (Murata et al, 2004). In cattle, Hp and SAA are effective in the diagnosis and prognosis of mastitis, enteritis, peritonitis, pneumonia, endocarditis, and endometritis (Gronlund et al, 2003; Murata et al, 2004; Petersen et al, 2004). Elevations in this protein have also been reported in cows with fatty liver syndrome, at parturition, and during periods of starvation and transport stress (Uchida et al, 1993; Nakagawa et al, 1997; Katoh and Nakagawa, 1999). It has also been suggested that APPs may be useful in the assessment of animal welfare (Eckersall, 2000; Murata et al, 2004; Murata, 2007; Baghshani et al, 2010). Six-fold increases in Hp concentration were found in dairy cows with infectious and metabolic disease at slaughter compared to animals with minor lesions (Hirvonen et al, 1997), and 40-fold and 7-fold increases in HP and SAA, respectively were found in culled dairy cattle with acute lesions, relative to healthy beef-type animals (Tourlomousis et al, 2004).

Although not studied to the same extent, the APR in camels appear similar to that in cattle and chronic infections continue to stimulate APPs production (Tharwat and Al-Sobayil, 2015; Tharwat and Al-Sobayil, 2018a,b). The changes in APPs due to various inflammatory and non-inflammatory conditions have been studied intensively in many animal species (Murata et al, 2004; Murata, 2007). The APPs have received attention as biomarkers for APR due to its low physiological levels, a fast incline, marked rise in concentration during APR that eases detection and a fast decline after cessation of a stimulus (Ceron et al, 2005). This review describes the commonly used biomarkers in camel medicine as indicators of infection and inflammation; and to the best of the author's knowledge, this review is the first to discuss such title.

# Application of inflammation biomarkers in camel medicine

Hp and SAA are the common used APPs in camel medicine. Haptoglobin is an  $\alpha$ 2-globulin synthesised in the liver (Eckersall and Bell, 2010) and is a major APP in numerous species of livestock and domesticated animals as well as in camels

(Baghshani *et al*, 2010; Nazifi *et al*, 2012). Elevated Hp concentrations occur not only with inflammation, but also with some conditions not generally associated with inflammation or tissue damage (Murata *et al*, 2004; Baghshani *et al*, 2010). Another APP that is considered one of the major acute-phase reactants in vertebrates is SAA. Elevated serum SAA levels are found following inflammation and also under conditions unrelated to inflammation such as physical stress and parturition (Murata *et al*, 2004; Baghshani *et al*, 2010).

APR manifested by significant increases in Hp, SAA, fibrinogen and interleukins were reported in camels naturally infected with *Trypanosoma evansi* (El-Bahr and El-Deeb, 2016). From another study, it was also concluded that APPs could be used as diagnostic and prognostic biomarkers in camels with urinary tract infection (El-Deeb and Buczinski, 2015). Similarly, Hp and SAA were markedly elevated in camels naturally infected with *Toxoplasma gondii* (Azma *et al*, 2015). APR occurred in female



**Fig 1.** Box and whiskers plots of serum haptoglobin and serum amyloid A (SAA) in camels during the periparturient period. Box represents the 75<sup>th</sup> and 25<sup>th</sup> percentiles while whiskers extend to the 95<sup>th</sup> and 5<sup>th</sup> percentiles. T0, 3 wk before expected parturition; T1, within 12h of parturition; T2, 3 wk after parturition. Values with different letters differ significantly (P<0.5) (Tharwat and Al-Sobayil, 2015).



**Fig 2.** Effect of stimulation by electroejaculation (EEJ) on concentrations of haptoglobin and serum amyloid A in male dromedary camels (mean ± SD, n=20) compared to control group (n=10). T0: just before EEJ; T1: directly after EEJ; T2: 24h after EEJ. <sup>a,b,c</sup> Values differ significantly. (Tharwat and Al-Sobayil, 2018a).

dromedary camels at parturition that was manifested by significant increases in Hp and SAA as compared to values before or after parturition (Fig 1) (Tharwat and Al-Sobayil, 2015).

Generally, the APPs are secreted during the inflammatory response (Eckersall and Bell, 2010). However, in our recent study (Tharwat and Al-Sobavil, 2015), significant increases of Hp and SAA at parturition was found. These elevation detected at parturition were not attributed to pathological conditions, as the WBCs did not change significantly at that time, thus confirming the absence of pathological conditions. These elevations could be due to cortisol and hormone release and to stress resulting in numerous changes (Huzzey et al, 2011). Parturition, often considered as a physical stress, represents a variety of physical and psychological stimuli that alter homeostasis and metabolism (Trevisi et al, 2012). The mechanism behind the stress-induced APPs release at parturition is not known, but a hypothesis based on a neuroendocrineimmune network concept has recently been put forward, indicating that non-inflammatory and psychophysical stressors activate the combined action of the sympatho-adrenal axis and the hypothalamic-pituitary-adrenal axis. This would



Fig 3. Mean serum concentrations of serum amyloid A in racing camels before and after a 5 km race. <sup>a,b</sup> Differ significantly at P< 0.05. (Tharwat and Al-Sobayil, 2018b).

affect both the immunity-related cells and the release of glucocorticoids, and would ultimately lead to the production and release of APPs. Therefore the elevations in APPs or inflammation biomarkers clearly differentiate the physiological response to parturition versus the inflammation related to pathologies during the periparturient period.

APR manifested by significant increases of SAA has also been reported in camels subjected to electroejaculation (EEJ) (Fig 2) (Tharwat and Al-Sobayil, 2018a). It was not attributed to pathological conditions, as the WBCs did not change significantly, thus confirming the absence of pathological conditions. Therefore, these elevations, together with the cortisol increases, could be due to a physical "stress" resulting in the numerous changes (Huzzey *et al*, 2011; Bauer *et al*, 2012). EEJ, often considered as a physical stress, represents a variety of physical and psychological stimuli that alter homeostasis and metabolism (Tharwat and Al-Sobayil, 2018a).

As a result of stress, APR manifested by significant increases of Hp and SAA was also reported in camels after race (Fig 3) (Tharwat and Al-Sobayil, 2018b). In this study, the significant increases of Hp and SAA after racing cannot be associated with pathological conditions as WBCs did not change significantly after racing, thus confirming the absence of pathological conditions. Therefore, these elevations, together with the cortisol increase, could be due to a physical "stress" resulting in the numerous changes that occur during racing (Bauer *et al*, 2012). Exercise, often considered as a physical stress, represents a variety of physical and psychological stimuli that alter the homeostasis and metabolism of animal organisms (Mastorakos *et al*, 2005).

The mechanism behind the stress-induced SAA release after EEJ and race is not known, but a hypothesis based on a neuroendocrine-immune network concept has recently been reported (Murata, 2007). This indicates that the non-inflammatory and psychophysical stressors activate the combined action of the sympatho-adrenal axis and the hypothalamic-pituitary-adrenal axis. This would affect both the immunity-related cells and the release of glucocorticoids, and would ultimately lead to the production and release of APPs (Murata, 2007). In addition, glucocorticoids have been shown to induce or facilitate hepatic synthesis of APPs *in vitro* (Alsemgeest *et al*, 1995).

### Conclusions

This mini review sheds light on the commonly used inflammation biomarkers or APPs (Hp and SAA) in camel medicine. These biomarkers are elevated in camels following non-inflammatory stressors as parasitic infections, at parturition, following stimulation by electroejaculation and following race stimulate APPs production. It is expected that APPs might be used in facilitating the diagnosis and prognosis of camel diseases.

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